



## CACSO PLEASED ON ITS 4TH VISIT TO MAYAGUEZ 2010

The members of the Executive Committee of CACSO and its Commissions, who visited us from November 20th to 22nd, 2008, were pleased with the progress made with the preparations for the upcoming XXI Central American and Caribbean Sports Games, Mayagüez 2010. During this, their fourth visit to Puerto Rico and particularly the City of Mayagüez, they visited the Salinas subvenue located at the Olympic Village where they were greeted by Mr. Gino Guerra, Executive Director of the Center and Fermín Contreras, attorney-at-law, Executive Director of the Games' Organizing Committee. Mr. Contreras formally introduced Mr. Guerra to those present. Mr. Guerra then offered a tour of the existing facilities and those under construction at the Center such as the Grass Hockey Field, the Firing Range and the Cycling Track. Mr. Guerra informed the members that all of their facilities were at their disposal. They then toured all of the facilities of the complex in the Center's trolley. Before lunch they visited the Olympic Museum where they enjoyed the exhibits.

The visitors then proceeded to visit Camp Santiago where they were greeted by Coronels Crespo and Guzmán, who gave them a presentation of the Camp and their facilities.

They accompanied them to visit the lodging facilities for the servicemen, the mess halls, the Flag Square and other Camp facilities. Following that visit, they returned to the Mayagüez Resort and Casino, where they were staying. A gala welcome dinner was hosted by the Mayor of Mayagüez, Honorable José Guillermo Rodríguez, and the President of the Organizing Committee, Dr. David Bernier.

On their second day of the visit, November 21<sup>st</sup>, the activity started with breakfast at the Hotel followed by a visit to all of the construction sites now in progress in the Mayagüez area. They visited the Natatorium located at the University of Puerto where they were greeted by the chancellor of that institution, Dr. Jorge Iván Vélez Arrocho and Engineer Eric Donate, both of whom accompanied them to inspect the construction at the Natatorium, the Tennis and Racquetball Complex. They also visited the Business Administration Building where they observed their modern equipment. They also visited the laboratories which may be used as the Press Center during the games. There followed a visit to the Isidoro Garcia Stadium, the Central American Stadium, and the Seaboard Park.

They then proceeded to visit the Central American Village where they were greeted by José Luis Torres, engineer of the construction company, Piceme and Engineer Raúl Pérez of the Organizing Committee. They visited the Villa apartments which are in an advanced stage of construction and are expected to be completed by the end of 2009.

They returned to the Mayagüez Resort for lunch. Mr. Fermín Contreras presented a Status Report of the Mayagüez 2010 during the afternoon. This Report was received with enthusiasm and CACSO congratulated the Organizing Committee on its report.

A report of the Guadalajara sub venue was given by Mr. Valentín Yanes, Technical Director of the seven (7) sports which will be held as part of the Games. The president of CACSO, Mr. Héctor Cardona proposed that the Basque Ball competition be eliminated from the program. This proposal was approved by the Committee. The members visited the center of the City during the afternoon where the inauguration of the headquarters of the Organizing Committee took place. During the evening, they participated in an activity called "Dinner under the Mayagüez Sky".

After breakfast on November 22nd, Dr. Guillermo Riera, Director of AFI and his engineering team presented the report of the Infrastructure Committee. They reported on the progress accomplished. His report revealed that they are doing a very good job in that area.

Mr. Hector Figueroa presented the report of the Technical Division. The Executive Committee and its president were impressed with this report.

The report of the Medical Division Mayagüez 2010 was given by Dr. Ana Cintrón. Based on her report, it appears that that Division is well prepared to perform in an excellent manner.

The various divisions submitted their respective reports, and these were followed by breakdown meetings with the various individual Commissions.

The last activity consisted on the presentation by Mr. Roberto Bueno, of the application for the venue for the XXII Central American and Caribbean Sports Games 2014 in Veracruz, Mexico. This report was followed by a press conference headed by Mr. Héctor Cardona, President of CACSO and the members of the Executive Committee in which they expressed and reiterated that they are very satisfied with the work performed by the Organizing Committee and the status of the progress of Mayagüez 2010 will result in an overwhelming success.

A lively and well-attended social activity was held during the evening hours at Casa Mamery thus concluding the visit of the Commissions of CACSO to Puerto Rico.



Visit to the Albergue Olímpico in Salinas



Meeting between CACSO's Technical Commission with the Technical Division of Mayagüez 2010

**As of December 1st, 2008 there are 593 days left for the GAMES**

## JUDO

Judo is a combat sport that involves techniques that allow you to lift and throw your opponents onto their backs, keeping him from moving using the sports techniques. Judo was derived from Jujitsu, the art for either attacking others or defending oneself with nothing but one's own body. In 1882, Dr. Jigoro Kono (the Father of Judo) made a comprehensive study of the ancient self-defense forms and integrated the best of these forms into a sport which is known as Kodokan Judo. The term Kodokan breaks down into Ko (lecture, study), do (way or path), and kan (place). Thus, it means "a place to study the way".

Unlike Karate-do and other oriental combat sports, Judo does not involve kicking, punching, the application of pressure against the joints, or the use of equipment or weapons of any sort. Instead, Judo simply involves two individuals who use the forces of balance, power and movement to attempt to subdue each other. Practiced today by millions of individuals, Judo is undoubtedly the most popular combat sport in the world, being the second most popular sport, only behind soccer. The sport is ruled by the International Judo Federation, which has more sports federations affiliated than any other sport in the world. With its main venue in Seoul, the Federation was accepted by the International Olympic Committee in 1962 making its debut in the Olympic Games of Tokyo 1964.

In the Central American and Caribbean Sports Games, Judo made its debut in the X Games of San Juan 1966, being held uninterrupted since then. The most proficient athlete in the male category in these Games is Cuban Isaac Azcuy with 4 gold medals. For Puerto Rico, Luis Martínez, José Figueroa, and Melvin Méndez have won three medals each, with the first two of them winning a gold. In the female category Cuban Dyiulis González and Dominican Dulce Piña have won 5 medals each, but the Cubans have won 4 gold medals against only one for the Dominican. For Puerto Rico the greatest achievement ever is the two gold medals won by Lisa Boscorino in 52 kg and Wilmari Santini in over 72 kg in the Panamerican Games of Indianapolis in 1987. In the Central American and Caribbean Sports Games the best performance are the gold medal won by Lisa Boscarino in the 52 kg category in Santiago de los Caballeros in 1986 and the three medals, one of them silver, won by Evelyn Matías.

The Judo competition in Mayagüez 2010 will be held in the new Coliseum of Aguada. Nine (9) categories, both in men and women, also with team competition, are going to be celebrated. We hope that approximately 100 athletes representing not less than 17 countries will gather up for the Mayagüez 2010.



**Coliseum of Aguada under construction**

### **HIGHLIGHTS OF THE CENTRAL AMERICAN AND CARIBBEAN SPORTS GAMES**

#### **DID YOU KNOW THAT.....**

- The highest proportional participation for female athletes in the Games was in the XX Games of Cartagena 2006 where, including the sub-venues of Santo Domingo and México, 1887 female participated, from a total of 4,865 athletes for a 38.79%.
- The most proficient athlete in team sports in the Games is the Cuban football player Carlos Loredó who won five (5) medals, four (4) of them gold. He won the medals in a period of 16 years, from 1970 to 1986, having to resign himself with the bronze medal in 1982 in his native Cuba.
- One of the hardest achievements to attain in Athletics is to win in the same Games the 400 and 800 meters races. Only 4 runners have accomplished this; Mexican Lucilo Iturbe was the first one in 1926, second time was in 1946 by Arthur Wint of Jamaica, also from Jamaica, George Kerr in 1962, and the last one, Cuban Alberto Juantorena in 1978.
- The longest supremacy in team sports was the nine (9) gold medals won by Cubans male water polo teams from 1966 to 1998. In this span, Cubans Oscar Periche, Jorge Rizo, Osvaldo García, Gerardo Rodríguez, Arturo Ramos, José A. Ramos, and Juan C. Barrera won four (4) gold medals each.
- In Tennis, only six (6) players have won the three gold medals in singles, doubles and mixed doubles in the same Games. They are, in the female competition, Mexicans Imelda Ramírez in 1954, and Yolanda Ramírez in 1959 and María A. Vento, from Venezuela, in 1996. In the male competition it is all Mexico: Alfonso Unda in 1926, Gustavo Plafox in 1950, and Mario Llamas in 1954.



## POSTER ALLUSIVE TO THE GAMES 1950 IN GUATEMALA

### MEDALLISTS OF PUERTO RICO IN 1950

| Event        | Medals                   | Name   |
|--------------|--------------------------|--|
| 800 m        | Bronze                   | Julio E Sabater  |
| 400 m        | Silver                   | Relín Sosa   |
| High Jump    | Gold<br>Silver           | Gilberto Torres<br>Benjamín Casado                     |
| Pole Vault   | Gold<br>Silver<br>Bronze | José Vicente<br>José Barbosa<br>José Fontánez          |
| Long Jump    | Gold<br>Silver           | Francisco Castro<br>Benjamín Casado                    |
| Triple Jump  | Gold<br>Silver<br>Bronze | Reinaldo Salamo<br>Francisco Castro<br>Benjamín Casado |
| Shot Put     | Gold                     | Israel Capacete  |
| Discus       | Silver<br>Bronze         | Manuel Seoane<br>Juan Luyanda                          |
| Hammer Throw | Gold                     | Jaime Annexy   |
| Javelin      | Gold<br>Bronze           | Enrique Pizarro<br>Emilio Romero                       |
| Weighlifting |                          |  |
| 56 k         | Gold                     | Nicolás Vivas  |
| 56 k         | Bronze                   | Víctor M. Rodríguez                                    |
| 67.5 k       | Gold                     | Alfonso López  |
| 67.5 k       | Silver                   | Juan Santana   |
| 75 k         | Silver                   | Alejandro Vázquez                                      |
| 90 k         | Silver                   | Jorge Soto   |

| Event                        | Medals       | Name   |
|------------------------------|--------------|--|
| Tennis Doubles<br>Male       | Bronze       | Carlos Pasarell<br>José L. Pasarell                                  |
| Shooting Skeet<br>Skeet Team | Gold<br>Gold | Charles Pennock<br>Charles Pennock<br>Ramón Bauzá<br>Alberto Guerreo |
| Volleyball                   | Bronze       | Male Team  |

### BRIEFS

Below is the ceremony of the pre-construction of the Boxing Pavilion at the Barriada El Maní in Mayagüez.



The remodeling of the Palacio de Recreación y Deportes in Mayagüez where the sports of Volleyball and the Male Basketball finals will be celebrated.