

# RULES AND REGULATIONS MANUAL TAEKWONDO



MAYAGÜEZ 2010



ODECABE/CACSO



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## A Panoramic View of Mayagüez

Population	100,000 inhabitants
Country	Puerto Rico
Area	201.1 km <sup>2</sup>
Longitude	18° N
Latitude	67° O
Local Time	GMT -4 hours
Average Temperature June- September	82° F / 28° C
Average Humidity June-September	80%

The XXI Central American and Caribbean Sports Games will be held mainly in the city of Mayagüez and in other cities of the *Porta del Sol* region that includes 17 municipalities in the west. The city of Mayagüez is located in the center of the west coast of the island of Puerto Rico. It covers 201.1 km<sup>2</sup> of land. It is contiguous to the municipalities of Hormigueros, San Germán, and Cabo Rojo on the south, Añasco on the north, Las Marías, and Maricao on the east and the Mona Canal on the west. Mayagüez is divided in 25 wards with a population of approximately 100,000 inhabitants according to the 2000 census. Fortunately, it has a tropical climate and an average temperature of 82° F/28° C year round.



The town was founded by don Faustino Martínez de Matos y Vélez Borrero. The land was donated by don Juan de Aponte, don Juan de Silva, and don Esteban Irizarry, among others. The town was called Mayagüez in honor of the Yagüez River; body of water of great importance, since it crosses a considerable part of the city. This word

(Mayagüez) is of indigenous origin and means Great Water Site. By then, Mayagüez was synonym of the Yagüez River and Chief Urayoán.

*La Cuna de Hostos*, name by which it is also known, in honor of the national hero Eugenio María de Hostos, holds another center of great importance; the Mayagüez Campus of the University of Puerto Rico. "El Colegio", like it has been known for decades, has served as an encounter place between Puerto Ricans and foreigners worldwide. This prestigious institution at a national and international level has been a great legacy to this city and Puerto Rico; this, thanks to its valuable contributions.



Today, Mayagüez is one of the cities of *Porta del Sol, Puerto Rico*. This ambitious project intends that its inhabitants as well as their visitors and tourists appreciate the natural resources, gastronomy, art and all the culture of this region. Thus, Mayagüez offers their citizenship great possibilities, taking advantage of the great potential that its people can offer. This city is a unique destination in the area with its accommodations, businesses, artisans, and artists that with their performance help with the progress of the economy of the west region of Puerto Rico.

The city of Mayagüez is ready to continue with the entrusted work, facing with great optimism the arrival of the XXI Central American and the Caribbean Sports Games that will be held in 2010.





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# TAEKWONDO

## RULES AND REGULATIONS MANUAL

### 1. SITE AND DATE

The Taekwondo tournament of the XXI Central American and Caribbean Sports Games will take place from July 27 to the 30<sup>th</sup>, 2010 at the Coliseo Buga Abreu in Isabela.

### 2. PARTICIPANTS

**2.1.** Athletes from countries whose Olympic Committees are affiliated to CACSO and whose National Federations belongs to the Pan American Taekwondo Union & the World Taekwondo Federation will be eligible to compete.

**2.2.** Each country may enter a maximum of one (1) athlete in each of the weight divisions, in both men and women. There will be competitions for 8 men's and 8 women's divisions for the Games. Each participating country may register a maximum of one (1) coach and one (1) delegate for men's team and a maximum of one (1) coach and one (1) delegate for women's team.

**2.3.** All athletes must comply with the conditions required by the regulations of the IOC, CACSO, PATU, and the WTF.

### 3. ENTRIES

The Organizing Committee will send the official registration forms six (6) months prior to the opening of the Games.

All qualified countries must submit their registrations in the official form that will be posted in the official website of the XXI Central American and Caribbean Sports Games: [www.mayaguez2010.com](http://www.mayaguez2010.com)

These forms must be printed, have all the respective signatures, and submitted to the Organizing Committee on or before the deadlines stipulated.

#### 3.1. Long list entry

The long list entry must contain the names and functions of all potential participants in the Games. This list must be received at the Mayagüez 2010 Headquarters by midnight of February 17, 2010. The entries can be sent via fax or email to meet the deadline, in which case they must be confirmed in writing before February 24, 2010.



### **3.2. Numerical Entries**

The numerical entries must be submitted by the respective NOC and must be received at the Mayagüez 2010 Headquarters by midnight of April 17, 2010. It must indicate the number of athletes in each team. The entries can be sent via fax or email to meet the deadline, in which case they must be confirmed in writing before April 24, 2010.

#### **3.2.1. Insufficient Participants**

In the event that the sport and/or any of its disciplines cannot be executed due to a lack of entries, the Organizing Committee must communicate this immediately, via fax or email, to the National Olympic Committees that has made the corresponding numerical entries.

### **3.3. Nominal Entries**

All nominal entries must be at Mayagüez 2010 Headquarters by midnight on June 17, 2010. No changes or additions to entries will be accepted after this date. The nominal registrations can be sent via fax or email to meet the deadline, in which case they will have to be confirmed in writing, on the official forms, at the time of arrival of the delegation in Mayagüez.

Nominal entries should not contain more participants or officials than the numerical entries.

### **3.4. Address**

Any information regarding the entries or another nature, can be sent to the following address:

**XXI JUEGOS DEPORTIVOS CENTROAMERICANOS Y DEL CARIBE 2010**  
**P.O. Box 3248**  
**Mayagüez, Puerto Rico 00681-3248**  
**PHONE: (787) 832-2010 FAX: (787) 805-2011**  
**EMAIL: [divisiontecnica@mayaguez2010.com](mailto:divisiontecnica@mayaguez2010.com)**

## **4. REGULATIONS**

The Taekwondo competitions will be carried out according to the CURRENT competition rules and regulations of the World Taekwondo Federation (WTF). The weigh-in will be carried out the night before each scheduled competition day for each respective weight categories that are designated for each of the four (4) days of competition. To avoid being disqualified, the Organizing Committee will have weighing scales available for the coaches in the practice area equal to the official ones to monitor the weight of their athletes.

Issues not covered by these regulations will be solved as follows:

**4.1.** Technical matters will be solved according to the WTF/PATU rules and regulations.



**4.2.** General matters will be solved by the Organizing Committee in accordance with the CACSO's regulations.

**4.3. Protest and Arbitration.** Any protest and arbitration during the competition will be handled by the Competition Supervisory Board (CSB) members. In the case where no reasonable decisions are made by the CSB, the WTF Technical Delegate will make the final decision.

**4.4. Other matters.** All other organizational issues and preparation matters shall be referred to and abide by PATU General Competition Preparation Check List to ensure a successful organization of the Games. PATU will visit Mayagüez and construct the official technical manual for the Games with the Organizing Committee in early 2010 to be distributed among the participating countries and complete an official site inspection during the visit. The Organizing Committee will provide round trip airfares, room and board for the WTF technical delegate for his visit.

## **5. EVENTS AND COMPETITION SYSTEM**

### **5.1. MEN**

#### **DIVISIONS**

- |   |                  |             |
|---|------------------|-------------|
| 1 | FIN – MINIMOSCA  | UNDER 54 kg |
| 2 | FLY – MOSCA      | UNDER 58 kg |
| 3 | BANTAM – GALLO   | UNDER 63 kg |
| 4 | FEATHER – PLUMA  | UNDER 68 kg |
| 5 | LIGHT – LIGERO   | UNDER 74 kg |
| 6 | WELTER – WELTER  | UNDER 80 kg |
| 7 | MIDDLE – MEDIANO | UNDER 87 kg |
| 8 | HEAVY – PESADO   | OVER 87 kg  |

### **5.2. WOMEN**

#### **DIVISIONS**

- |   |                  |             |
|---|------------------|-------------|
| 1 | FIN – MINIMOSCA  | UNDER 46 kg |
| 2 | FLY – MOSCA      | UNDER 49 kg |
| 3 | BANTAM – GALLO   | UNDER 53 kg |
| 4 | FEATHER – PLUMA  | UNDER 57 kg |
| 5 | LIGHT – LIGERO   | UNDER 62 kg |
| 6 | WELTER – WELTER  | UNDER 67 kg |
| 7 | MIDDLE – MEDIANO | UNDER 73 kg |
| 8 | HEAVY – PESADO   | OVER 73 kg  |

As specified in the WTF Competition rules and regulations, for an event to be considered as official, a minimum of five competitors from an equal number of NOCs must compete. If after the Technical Meeting one or more competitors withdraw due to reasons beyond their control (after CACSO's verification), the event could be celebrated and the winners will be

recognized as official winners with a minimum of four (4) sets of competitors from an equal number of NOCs.

## 6. COMPETITION CALENDAR

The tournament system will be single elimination system by each weight categories through individual competition. The weighing will be done the day prior to the competition from 16:00 to 18:00 hours for the categories that will compete the next day.

<b>JULY 27, 2010</b>			
<b>TIME</b>	<b>DIVISION</b>	<b>GENDER</b>	<b>PHASE</b>
10:00	FIN	M/W	Finals
	LIGHT	M/W	Finals
	AWARDS		
<b>JULY 28, 2010</b>			
10:00	FLY	M/W	Finals
	WELTER	M/W	Finals
	AWARDS		
<b>JULY 29, 2010</b>			
10:00	BANTAM	M/W	Finals
	MIDDLE	M/W	Finals
	AWARDS		
<b>JULY 30, 2010</b>			
10:00	FEATHER	M/W	Finals
	HEAVY	M/W	Finals
	AWARDS		

\*Subject to changes

## 7. TRAINING PROGRAM

**7.1.** The training program and schedule will be set once the numerical entries are received and will be confirmed on the arrival of the delegations in Mayagüez. The trainings will be held in the assigned competition venues and other designated places. The Organizing Committee will provide body protectors in each designated training facilities for athletes to practice with the system prior to the competition.

**7.2.** The facilities can only be used during the time designated by the Organizing Committee. The rotation of countries among the training facilities will be used to guarantee fair conditions.

## 8. AWARDS

**8.1.** According to CACSO's regulations, the awards will be distributed in the following manner:

**First Place:** Gold Medal and Diploma  
**Second Place:** Silver Medal and Diploma



**Two Third Places:** Bronze Medal and Diploma

**8.2.** The Award ceremonies will take place after each event date. The athletes ranking first, second, and third places will be taken to the Award center immediately after the completion of the event. For the award ceremony, athletes must wear the official uniform representing their country.

## **9. COMPETITION OFFICIALS AND JURY OF APPEAL**

**9.1.** The official referees for the competition will be selected and appointed by the Pan American Taekwondo Union (PATU), with endorsement of the WTF, who will notify the NOC's to be integrated within the official delegation. The maximum number of referees per NOC will be one (1). The referees will be accommodated in a designated place by the Organizing Committee and no referee shall stay in the Sport Village.

## **10. FACILITIES AND IMPLEMENTS**

The Taekwondo competitions will be held at the Coliseo Buga Abreu in Isabela with a capacity of 3,000 spectators.

**10.1. Competition Venue.** The competition venue has two (2) official areas approved by the PATU/WTF.

**10.2. Training Venue.** The training program will be given by the Technical Division of Mayagüez 2010 to the Delegations upon their arrival to Mayagüez.

## **11. UNIFORMS**

**11.1.** Athletes must wear Taekwondo uniforms (Dobok), endorsed by the PATU/WTF, with their respective number on the left shoulder of the jacket, which will be provided by the Organizing Committee.

**11.2.** The chest and head protectors will be provided by the Organizing Committee, except the groin guard, forearm guards, shin guard, and hand protector. The chest and head equipment must be returned after the combat. All protective equipment must be endorsed by the PATU/WTF.

**11.3.** To receive the chest and head protectors, the athlete must leave their credential as collateral. The same one will be returned once the equipment is received.

**11.4.** The referees must wear the uniforms designated by the WTF.

## **12. TECHNICAL MEETING**

**12.1.** The Technical Meeting in which the official drawing of lots will be completed, will be held on July 26, 2010 at 09:00 hours, in the place designated by the Organizing Committee; the delegates of the participating countries duly accredited by their respective NOC will be allowed to participate.

**12.2.** The Refereeing Officials meeting will take place in the competition venue on July 26, 2010 at 18:00 hours. The objective of this meeting is to unify the judging criteria of the referees that will be working in the games and clarify any technical issues regarding the implementation of the WTF competition rules and regulations. The referee meeting will be directed by the WTF Technical Delegate and the Referee Committee of the Pan American Taekwondo Union (PATU).

## **13. MEDICAL CONTROL**

### **13.1. Medical Control and Examinations**

Any athlete refusing to any medical control or examination or found guilty of doping, will get his/her accreditation withdrawn and will be expelled from the games and possibly from future international competitions according to the penalties established by the CACSO and WTF regulations.

### **13.2. Anti-doping Control**

The anti-doping control test will be conducted by the Medical Direction of the Organizing Committee. The regulations in force will be those from the Medical Commissions of the International Olympic Committee, WADA-AMA (World Anti-doping Agency), and CACSO. The selection of the athletes for the sample taking will be carried out by the CACSO's Medical Commission in coordination with the delegates from the World Taekwondo Federation and the Pan American Taekwondo Union.

## **14. REGULATIONS REGARDING ADVERTISING AND PUBLICITY-RULE 51 OF THE OLYMPIC CHARTER**

Everything related to the application of the regulations regarding advertising and publicity of sports materials and equipment, and sports clothes will be in force by the CACSO Regulations and by Rule 51 of the Olympic Charter. For consultation of the Olympic Charter, access the following link: ([http://multimedia.olympic.org/pdf/en\\_report\\_122.pdf](http://multimedia.olympic.org/pdf/en_report_122.pdf)).